



HEALTH TRANSITION: Parent & Carer Checklist

e.g.

Specialist clinicians	Name	Age of handover	Notes
Paediatrician	Dr. Smith	16	Arrange meeting to discuss
Paediatrician			
Neurologist			
Ophthalmology			
Audiology			
ENT (ear, nose & throat)			
Dermatologist			
Respiratory			
Cardiologist			
Psychiatrist			
Psychologist			
Gastroenterologist			
Palliative care			
Oncologist			
Rheumatologist			
Orthopaedic surgeon			
Endocrinologist			
Dentist			
Geneticists			

Specialist Nurses			
Epilepsy			
CPN-Community Psychiatric			
Stoma Care			
Community Paediatric			
Diabetes			

Therapists			
Physiotherapist			
Occupational			
Speech & Language			

Dietician			
Orthotics			

Clinics			
Hearing aid			
Cochlear implant			
Asthma clinic			
CAMHS			

Supplies			
Stoma care / NG / PEG / J tube			
Oxygen			
Continence			
Feed			
Suction			
Wheelchair / mobility eqt.			

Locations			
Children's Hospital			
Children's ward of local hospital			
Hospice			

Regular Procedures			
Blood tests			
Stoma changes			

Other			

Notes:

1. Although this is a comprehensive list, it may not include someone involved in your child's care. Please use the blank rows to add anyone not already on the list.
2. Don't make assumptions that all doctors who have clinics in the same hospital will work to the same system. Different doctors may hand over care to adult specialists at different ages.
3. When you think about regular procedures e.g. blood tests, consider how difficult your child finds changes in people or places, and then you can decide if you need to take steps to manage that change.